

## WELL Weekly Update 9/18/07

### Harvest Festival – Saturday, September 29 – 10 am to 6 pm Little Lake Grange, 291 School Street

Local food producers, solar cooking , herbal workshops, canning and storage, kids activities, juice pressing. This kickoff to Local Food Month (October) is an event you won't want to miss!

#### **What's Happening?**

##### *Solar Oven Cookoff 11am - 5pm*

The first annual Little Lake Valley Solar Oven cooking contest is open to all levels of interest and experience. Build an oven at the morning workshop (Oven Building class is limited - pre-register at 459-5495). - OR bring your own oven, your expertise and a "100 Mile" dish to cook. Contest applications at 459-6362 or email to [abweller@pacific.net](mailto:abweller@pacific.net) .

**Contact:** Richard Jergenson **Phone:** 459-6362 **Email:** [rjergenson@sabe r.net](mailto:rjergenson@sabe r.net)

##### *2<sup>nd</sup> Annual Harvest Festival Dinner*

Locally Grown Organic Dinner 5 pm Adults \$10 Kids \$5  
Advance Tickets at Firefly Gallery in the Grange or at the WELL Office.

#### *We want You to volunteer!*

**Harvest Festival** Volunteers wanted - juice press, dinner prep, set up, clean up,

#### **Harvest Festival Dinner-**

Volunteers needed to help with dinner prep - Friday and Saturday, September 28th and 29th. Call Karina at 459-955

### Mendocino County Local Food Guide “Local Food from Farm and Sea”

Our friends in the Anderson Valley Foodshed, with

help from many others (such as Patty Bruder from the Willits action Group) have produced this wonderful 40 page guide to eating locally in Mendocino County. **These are now available at stores throughout Willits and are also available at the WELL Office.** Not only are there lists of farms and retailers where you can get locally grown food, there are also charts showing what produce is available in each month of the year, articles on Growing Practices, why you should eat local, contact lists of Localization Groups, Annual Events, Educational Opportunities, and lots more!

### **Car Free Day September 22, 2007**

This is the date for World Car Free Day. Can you help us meet our goal of 100,000 Car Free Days by then? [Click here to Pledge](#)

Check out their website too:

<http://www.car-free-days.org/>

### **Rachel Olivieri on Ecology Hour Tonight! Tuesday, Sept.18th, at 7pm on KZYX & Z**

Samantha Abbott will be interviewing Rachel about water. Rachel says,

“I will be talking primarily about primarily simple strategies that any home owner can adopt. As well, I will try and make some important distinctions between regenerative and degenerative solutions”

### **Deadline for Coordinating Committee Candidate Statements 9/19/07**

Received to date:

Tim Gregory

Kimbal Dodge

Mary Zellachild

Michael Hackleman  
Madge Strong  
Michael Stewart

## **RESPONSIBILITIES OF COORDINATING COMMITTEE MEMBERS**

This is a *working* position. Members are required to put in time beyond committee meetings to carry out activities. Members have the following responsibilities. If you apply for this position you are committing to these responsibilities.

Members shall:

- 1) Have fiscal and fiduciary responsibility for the organization  
(<http://www.willitseconomiclocalization.org/node/69>).
- 2) Attend all coordinating committee meetings and be on time.
- 3) Be an active participant in work agreements that we are required to carry out.
- 4) Supervise employees.
- 5) Supervise and administer the MidWife grants.
- 6) Keep on top of communications and report writing.
- 7) Take turns in facilitating coordinating committee meetings.

Please Note: The purpose of coordinating committee meetings is to discuss, make decisions on and take action on agenda items.

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